

Jaclyn White

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Summary

Compassionate Personal Support Worker with five years of experience assisting elderly and chronically ill patients in assisted living facilities and personal residences. Skilled in providing empathetic support to help patients with daily living tasks, including personal hygiene and medication management.

Education

Rolling Hills Community College

Associate of Science in health sciences

Experience

Patient Care Now, Personal Support Worker

May 2021–Current

- Monitor patient vital signs and submit reports to supervisor
- Assist 50+ residents in daily living activities like hygiene, feeding and bathing
- Provide safe mobility support to move patients around personal and public spaces
- Organize recreational activities to support patients' mental health
- Coordinate treatment plans with other health care providers

Assisted Health Services Frisco, Volunteer

June 2018–April 2021

- Performed cleaning duties like mopping, doing laundry and sanitizing surfaces
- Served food to residents based on their nutritional restrictions
- Ran errands like doing the weekly grocery shopping and driving patient vans

Certifications

- First Aid Certification, The American Red Cross - Expires 2025
- CPR Certification, The American Red Cross - Expires 2025

Skills

- Long-term care
- File management
- Resident assessment
- Communication
- Empathy
- Active listening